

Confronting Antisemitism Strategies

Speak Out

- When you hear an anti-Semitic comment stop the conversation and say that it is not ok!
- Do not allow people to tell Jewish or Holocaust jokes.
- Explain that anti-Semitic remarks, jokes and memes are hurtful when you hear/see them.
- Speak to someone who can help you – a teacher, a Dean, a parent and develop a strategy to respond.
- Speak to other students who may have experienced a similar situation.
- Document and report any anti-Semitic symbols or content you see. i.e., swastikas, anti-Semitic hate speech on the internet, in the classroom, etc.
- Report incidents at [ADL.org](https://www.adl.org).

Share Facts

- Educate yourself about the myths and history of antisemitism so that you can push back with facts.
- Educate others. Speak to leaders in your school or synagogue to bring in programs that will educate others to prevent becoming a target of antisemitism.
- Write articles in student newspapers on antisemitism to create awareness.

Show Strength

- Find other students who have been through a similar situation and form alliances.
- Be an ally for others so that they can be an ally for you.
- Reach out to other Jewish students so you can be a united front in speaking out.
- Support other Jewish students and do not tell Jewish or Holocaust jokes yourself – *Don't normalize this behavior.*
- Contact ADL Connecticut to learn how you can make your voice heard!